

The Life Habits Song

About: Sing the Life Habits Song to the tune of Bad Habits by Ed Sheeren.

Allow students to use the motions made up by Rock by Rock students or create your own!

Teacher Tip: Watch the full field trip and song creation here to learn more about the song and how to MOVE!

<https://vimeo.com/rockbyrock/lifehabitssong?share=copy>

Share your moves with us! Have a great student video of the Life Habits song?
Share in Community!

Life Habits Song

The Life Habits are skills that help us grow!
When we're learning something new that
we didn't know,
Life Habits are for students and teachers
too!
Life Habits are for them, for me, for you!

(The Life Habits are)

Creativity (wave hands in the air slowly)

(The Life Habits are)

Curiosity (pointer finger to temples)

(The Life Habits are) (clap)

Empathy (make heart with hands)

Kinship (fingers in a circle)

Courage (muscle arms)

Learner (open book with hands)

and

Impact Awareness (twist with hips)!